

Government Arts and Science College
(Affiliated to Manonmaniam Sundaranar University, Tirunelveli)
Palkulam, Kanyakumari District - 629401.

YOUTH RED CROSS (YRC)

The International Red Cross Movement is the well-known and world wide humanitarian organization, present in almost all the countries. The fundamental principles of Red Cross Movement are:

- Humanity
- Impartiality
- Neutrality
- Independence
- Voluntary Service
- Unity
- Universality

Red Cross Society functions with the one and only aim of serving people in distress without any consideration of cast, religion, language and nationality. The Indian Red Cross Society serves as an auxiliary to the state authorities engaged in social welfare activities accepting the rules and regulations of the state, but at the same time maintaining, its autonomy so that it can act always in accordance with the fundamental principles.

The Youth Red Cross is the most important constituent of its mother organization, Indian Red Cross. It is group movement organized ant the initial stages for students between 18 and 25 years of age within the colleges. A qualified lecturer is recognized as the leader and he is called as the Programme Officer. Under his guidance, the students are trained and encouraged to manage the affairs of the group, electing their own offices-bearers.

The main purpose of organizing the Youth Red Cross is to inculcate in the Youth of our country.

Objectives of Youth Red Cross (YRC)

- To make an awareness on the care of their own health and that of others.
- The understanding and acceptance of civic responsibilities and acting accordingly with humanitarian concern, to fulfill the same.
- To enable the growth and development of a spirit of service and sense of duty with dedication and devotion in the minds of Youth.
- To foster better friendly relationship with all without any discrimination.

Activities

No hard and fast rules are laid down regarding Youth Red Cross activities. The programme should be adopted to the particular needs of the unit under Programme Officer's guidance. Youth should be encouraged to manage their own affairs and choose their own activities. Their programme should as far as possible include something under each of the following heads.

- Promotion of Health and Hygiene
- Service to others
- Relief work during emergencies like flood, fire and other natural calamities.
- National Integration
- World Friendliness

Service to Others

Organization of Blood grouping and donation camps with the help of Chief District Medical Officers/ Blood Bank Officers. The report to such camps should be sent to YRC State Branch Office.

A directory of blood donors in the college may be brought out and given to hospitals and service organizations.

Organize demonstration of fire fighting in consultation with fire station near the college. Steps may be taken to impart training in Fire Fighting and Rescue

Operation to the YRC volunteers as per the guidelines as may be sent from the YRC Headquarters.

Render help and assistance to the needy and meritorious handicap students (such as the blind) of all colleges.

Organize 5 days or 10 days training camps of Youth Red Cross near the college in the holidays.

Organize short duration (one day, two days or three days) specific service programmes/ camps during local fairs and Festivals.

Taking care of the sick and wounded persons.

Organization of Non-formal adult education, literacy campaigns, sewing and handicraft training programmes etc.

Construction of roads, digging wells/tanks/ponds/drains/channel for water management, rain water harvesting in the college/ nearby village.

Cleaning and de-weeding of tanks/ ponds with the help of the local people.

Tree plantation and afforestation

Drives for small saving and co-operatives

Identification of the needy poor persons.

Create awareness for development of diary, poultry, fishery, beekeeping, mushroom cultivation etc.

Supply of medicines, fruits etc. to sick children

Extending financial and material aid to the disabled and needy students of the college

Provide garments to the needy patients, especially children in the hospitals

Visit Anganvadi, Orphanage, Schools for the blind, institution of the physically handicapped with gifts.

Hospital Service-assisting in the dressing of wounds, in arranging the hospital library, taking care of the sick, OP crown regulation etc.

Save the environment from pollution education on population control

Observance of World Health Day, Blood Donation Day, World Red Cross Day etc. as would be instructed by the YRC Head Quarters.

Emergency Relief Work

Organize Disaster Service camps during natural or man-made disasters like flood, drought, earthquake, cyclone, tsunami, fire accident, ethnic violence etc. at the site.

Special Service Camps may also be arranged within the reach of the college

Immediate emergency relief measures to victims in the vicinity of the college may be taken on priority basis with available funds as per the directions of Principal and on the recommendation of YRC Programme Officer of the college.

Relief materials and funds may be collected from public with proper authorization from the Principal and assistance of the YRC Programme Officer by the YRC Volunteers to be distributed to the victims of disaster.

The YRC unit in the college must co-operate and co-ordinate with the local administration and other NGOs for the mitigation of the sufferings of the disaster victims and all possible helps to the authorities in the survey, identification and enumeration of victims.

Report on such disaster relief activities may be sent to YRC Head Quarters.

National Integration

Goodwill and cultural exchange visits to different colleges at the State and National level may be organized.

Inter-collegiate hiking/ trekking/ cycling expedition may be arranged at National level.

Poster, Essay, Oratorical and Cultural Programmes competitions on the theme "National Integration" may be organized at the State Regional and National levels.

Inter-State cultural competitions, study camps, orientation and training programmes etc. should be organized in each State branch regularly and annually during holidays for YRC volunteers, ensuring that all the other state volunteers participate in these programmes to promote integration in the young minds.

Participation of YRC volunteers in the youth festivals conducted in the National level.

Fundamental Principles of the International Red Cross and Red Crescent Movement

1. Humanity

The International Red Cross and Red Crescent Movement, born on a desire to bring assistance without discrimination to the wounded on the battle field, endeavours in its international and national capacity, to prevent and alleviate human suffering wherever it may be found. Its purpose is to protect life and health and to ensure respect for human being. It promotes mutual understanding, friendship, co-operation and lasting peace amongst all people.

2. Impartiality

It makes no discrimination as to the nationality, race, religious beliefs, class or political opinions. It endeavours to relieve the suffering of individuals being guided solely by their needs and to give priority to the most urgent case of distress.

3. Neutrality

In order to continue to enjoy the confidence of all, the Movement may not take sides in hostilities or engage at any time in controversies of a political, racial, religious or ideological nature.

4. Independence

The Movement is independent. The National Societies, while auxiliaries in the humanitarian services of their government and subject to the laws of their respective countries, must always maintain their autonomy so that they may be able at all times to act in accordance with the principles of the movement.

5. Voluntary Service

It is voluntary relief movement not prompted in any manner by desire for gain.

6. Unity

There can be only one Red Cross or one Red Crescent Society in any country. It must be open to all. It must carry on its humanitarian work throughout its territory.

7. Universality

The International Red Cross and Red Crescent Movement, in which all societies have equal status and share equal responsibilities and duties in helping each other, is worldwide.

Youth Red Cross has the following three principles

- Protection of Health and life - HEALTH
- Service to the sick and suffering - SERVICE
- Promotion of National and International friendship to develop the mental and moral capacities of the youth - FRIENDSHIP

Indian Red Cross Society (IRCS)

The Indian Red Cross society was established under the Parliament Act of XV of 1920 (as amended by Act No.22 of 1956 and the adaptation of Laws (NO.4) order 1957 and 1992). It was recognized By ICRC in 1929.

Core focuses areas

- Promoting humanitarian principles and values
- Disaster management
- Health and care in community
- Blood Services

Mission

The IRCS aims to inspire, encourage and initiate at all times all forms of humanitarian activities so that human suffering be minimized, alleviated and even prevented and thus contributes to creating more congenial climate for peace.

Strategic Goals and Objectives

IRCS works together with other national societies all over the world to "to improve the lives of vulnerable people by mobilizing the power of humanity". The vision of Indian Red Cross is to become a "a leading humanitarian organization serving vulnerable people." To fulfil the vision of National Development plan was prepared with three strategic direction, four objectives have been identified.

The Three strategic directions in the National Development Plan are

- Focus on disaster prone states
- Focus on core programmes
- Focus on Branch Development

The Four Strategic objectives

Enhance the capacity of Indian Red Cross to deliver its humanitarian message both within and outside the society, and to advocate tolerance and coexistence in the communities.

Increase the capacity in disaster preparedness and disaster response in disaster prone branches and National Head Quarters and reduce the vulnerability of communities in key disaster prone areas.

Increase the capacity in health and care in branches and National Headquarters and improve the health of vulnerable.

Raise the capacity of the branches and that of National Head Quarters in mobilizing, organizing and managing local resources in order to improve the situation of the vulnerable.

Indian Red Cross Society Tamil Nadu Branch

The Tamil Nadu Branch of the Indian Red Cross Society was formed on 27th November 1920. The Tamil Nadu Branch has 32 Districts and 89 Sub-Branches throughout the State.

Activities

1. Disaster Relief

Cyclone Relief in Coastal Areas

Tsunami - Relief & Rehabilitation

Disaster Management and Preparedness

2. Health and Medical Service

Family Welfare Unit

Day Care Hospital

Blood Bank

Mobile Medical Unit

3. Creches

4. Tracing Cell

5. Nurse - Aid Training Course (Diploma in Health Assistance)

6. Physiotherapy Unit

7. Family Counseling Centre

8. Rehabilitation Centre (Artificial Limb Centre)

9. Human Resource Development

10. MRRC Canteen

11. Integrated Programme for the community development (IPCD)

12. Free Hearse Service (Free Mortuary Van Services)

13. Janani Sishu Suraksha Kanyakram Project

14. First Aid Certificate Course

15. Red Cross KIDZEE School

YRC Norms

How to start an YRC unit?

The YRC Programme Officers should interact with and clearly explain to all the students, the aims and basic principles of YRC as and when he/she meets them during their free time. Joining in YRC unit will help the students in leadership qualities in serving the needy and vulnerable, should be precisely presented to them. Their interest is to be kindled and activated by constant, continued and committed counseling. Only those students who are really interested, enthusiastic and service-minded should be taken as volunteers and YRC unit is to be started with this core group. These student members will then elect from among themselves the Office bearers i.e. Chairman, Vice-Chairman, Treasurer and Secretary and draw up the action plan well in advance in consultation with the Programme Officer and the Principal for the academic year strictly adhering to the principles of Red Cross movement.

Registration of YRC unit with IRCS, Tamil Nadu State Branch

YRC units in colleges need to be registered with Indian Red Cross Society Tamil Nadu Branch (IRCS, TNB) by paying Annual Registration fee of Rs.20/- per College as per the Government order. A Proforma sent to the college from YRC HQ requiring the details of the college is to be duly filled and submitted for registration purposes.

The following list of records and registers is to be maintained by the YRC unit.

- Enrolment Register of volunteers
- Income & Expenditure Register
- Stock Register
- Attendance Register for volunteers
- Register of Project Activity Reports
- Minutes Book
- Visitors Book
- Blood Donors Directory

Expenditure Norms

YRC membership subscription will be collected from all the students. The Norms for Expenditure of the YRC funds collected from students and other sources are the following:

- Furniture
- Refreshments
- Travelling expenses for both YRC Programming Officers and Students
Volunteers
- Stationery/ Photographs/ Mementos
- Contingency
- Programmes and Activities/ Blood donations

YRC Song

Darthi karo nirmal karo beeda prabu hey

Jeevan karo vujval nava jyothi baro hey-2

Dukki janonki seva num kare-2

Baththall thonko gale lagale-2

Shanthi badha shanthi kaarya shanthi varada hey!

Jeevan karo vujval nava jyothi baro hey!

Nava Jyothi baro hey, nava hyothi baro hey!

YRC Pledge

Programme Officer's Pledge

As a Programme Officer of Youth Red Cross, I promise to serve, to work loyally for the promotion of Health and the relief of suffering and distress, wherever I may find it and to hold in friendship youth of all Nations.

Member's Pledge

I pledge myself to care my own health and that of other, to help the sick and suffering specially children and to look upon the youth all over the world as my friend.

Annual Report of the YRC Unit for the Academic Year 2022-2023

“The best way to find yourself is to lose yourself in the service of others”. With the motto of service, Our college Youth Red Cross Unit has opened YRC wings for the young students.

Youth Red Cross is based on seven Fundamental principles. They are Humanity, Impartiality, Neutrality, Independence, Voluntary service, Unity and Universality.

Based on these principles Youth Red Cross Wing of Government Arts and Science College Palkulam had organized many service oriented programmes for the overall development of the students.

The programmes are:-

- ❖ Orientation to the volunteers regarding Youth Red Cross, its roles and responsibilities.
- ❖ First Aid Training to impart basic knowledge of how to treat the wounded people.
- ❖ Training on disaster preparedness and management.
- ❖ The training on minimum competencies of volunteers about Red Cross.
- ❖ Information and motivation on Blood Donation for volunteers
- ❖ Demo on Fire Extinguish to create awareness and to train them how to act during fire emergencies.
- ❖ Power Point Presentation on Women empowerment, Awareness of Cancer and Drugs.
- ❖ Guest lecture on personality development.

Through these activities the Youth Red Cross Wing of Government Arts and Science College motivates the volunteers to indulge themselves in many service oriented activities.

PHOTO GALLERY











